

PIROUETTE BAR

- The best to learn the basic exercises on uneven bars
- Allows the body to develop reflexes and automatisms that are essential before practicing on the apparatus
- Stable thanks to its non-slip base
- The « low to the grounds » configuration is ideal for training the technique and reduce apprehension
- Possibility of fitting a 10 cm thick mat for greater safety
- Possibility of placing the bar directly on mats without risk of slipping
- Allows you to work on muscle strengthening exercises
- Offers the same sensations as the standard asymmetrical bar holders



TECHNICAL FEATURES

- Dimensions : 123 x 37 x 24 cm (LxWxH)
- Bar diameter : 4 cm
- Non-slip base
- The unit

